



Burlingame Parks & Recreation Department
850 Burlingame Ave
Burlingame, CA 94010
650-558-7300



SPRING FUNDAMENTALS 2018 Team Concepts & Individual Skill work

Burlingame Parks and Recreation Department presents **2004 & 2011 San Mateo County Times & 2008 San Mateo Daily News Coach of the Year & 2009 Cal Hi Coach of the Week former Burlingame High School Boys Varsity Basketball Coach and current teacher, Jeff Dowd.** Coach Dowd led the Panthers to **8 PAL Championships & Four consecutive PAL Tournament Titles** in 2008, 2009, 2010 & 2011.

Workouts will focus on individual skill improvement, skill execution and team concepts. It is designed for players who want to excel at a high level. It is open to all players serious about improving their game, boys & girls 4th to 8th Grade. Progression based skill instruction is the key to long-term athletic development and basketball success.

Class meets **Tuesdays 3:45 to 5:15** and **Thursdays 3:45 to 5:15** starting April 10 and ending May 24.

Where: **Burlingame Intermediate School Gymnasium**

Fee: \$ 299. 14 Sessions

Register at Burlingame Parks & Recreation Department
Contact Coach Dowd at: jdowd22@yahoo.com. See **DowdCamp.com** for more information. Check out www.peninsulabasketball.com if you are interested in playing AAU basketball